



Communications/Information Bulletin
H1N1 Flu Virus Pandemic

Date: December 4, 2009

Key Messages:

- Levels of influenza-like-illness continue to decrease nationally, provincially and locally.
 - There continues to be influenza-like-illness in Waterloo Region, although activity levels are lower than previous weeks:
 - Since Sept.1, 252 cases of influenza A*, at varying stages of confirmation have been reported. Virtually all are expected to be H1N1.
 - In total, 3 H1N1-related deaths have been reported in Waterloo Region.
 - Schools absenteeism rates, emergency room visits, and influenza-like illness visits to physicians continue to decrease.
- *As of November 28, 2009.

- Region of Waterloo Public Health announced that four additional H1N1 immunization clinics will be held next week:
 - December 7 – Resurrection Secondary School - 455 University Ave. W., Kitchener
 - December 8 – Southwood Secondary School - 30 Southwood Dr., Cambridge
 - December 9** – Elmira District Secondary School - 4 University Ave. W., Elmira
 - December 10** – Waterloo Rec. Complex - 101 Father David Bauer Dr., Waterloo
 All clinics run from 2 – 8 p.m.
 **These clinics will offer both H1N1 and seasonal vaccine.

- Approved nursing agencies will be able to offer workplace immunization (H1N1 and seasonal vaccine) clinics starting Monday, December 7.
- Not all individuals under 10 years of age require a second dose of the H1N1 flu vaccine. Dosing recommendations for children are as follows:

Category	Dosing Recommendation
Age 6 months to less than 3 years	2 half-doses of adjuvanted vaccine There should be a minimum of 21 days between the 2 half-doses.
Age 3 to 9 years - <i>Healthy children</i>	1 half-dose adjuvanted vaccine, for now*
Age 3 to 9 years - <i>Children with chronic medical conditions**</i>	2 half-doses of adjuvanted vaccine There should be a minimum of 21 days between the 2 half-doses.

* These recommendations may be updated as more information becomes available.

** Chronic medical conditions are defined as conditions “significant enough to require regular medical follow-up.”

- Region of Waterloo Public Health continues to operate its H1N1 general information line. Individuals are invited to phone 519-883-2289 if they have any questions or require information.